Federation of Fire Chaplain Training Institute

Advanced Fire Service Chaplain Training



Grief Work-

The Grief Process from Loss to Acceptance

with review of basic points of Death Notification & Class Practice

8:00 am - 4:30 pm – (choose one venue)

March 18, 2016 Ruston Fire Department, Ruston, LA 920 E. Georgia Avenue, Ruston, LA 71270

April 22, 2016 Alexandria Public Safety Complex 1000 Bolton Avenue Alexandria, LA 71301

May 20, 2016 Office of Louisiana State Fire Marshal 8181Indepence Blvd, Baton Rouge, LA 70806

Instructor - Chaplain Jim Burns

Tuition: **\$40.00** if received 3 days in advance; \$50.00 at the door

For additional information, contact: **318-419-7278** or <u>chaplainjim413@gmail.com</u>

Grief Work — the Grief Process from Loss to Acceptance

The course introduces the work of grief, how individuals move through the grief process and how the chaplain can minister to people through the process. You will also review the basic points of death notification and do some practice in class. This class is designed to train fire chaplains who have completed the Essentials of Fire Chaplaincy and/or CISM Group and/or Individual Intervention. It is also an outstanding class for pastors and others who want to make a difference in people's lives going through grief. At the completion of the course you will receive an Advanced Chaplaincy Certificate (8 contact hours) of training from the Federation of Fire Chaplain Training Institute.

Program Highlights

In this 8 hour class you will get an introduction to grief and its process:

*Definitions of "grief," "bereavement," and "mourning," and how they differ

*the work of the grief process and how to move toward the loss of acceptance

*gain an understanding of what to expect from the grieving process

*you will learn about the stages of grief and the randomness of grief

*you will learn how to move through the stages of grief and return to a degree of normalcy

*you will learn about coping with different types of losses

*you will learn that everyone grieves differently; that grief is harder than expected

*you will learn about the seasons of grief (how grief bounces around in random order)

*you will learn about the time factors in the grief process

*You will talk about how your department deals with grief and the responsibility and challenges for the fire chaplain

* You will learn about how you can minister to individuals in your department
*you will learn about the Referral Matrix – your helpers and assistants in grief
*you will learn how to build a Support Network for those in the process of grief
*you will learn how to do or say, and how not to do or say to a grieving person
*you will learn about the chaplain's unique resource of spiritual support in grief
*you will review the basic points of death notification and see a practice notification
*you will be given some other training opportunities in Grief and grief response
*and you will receive a number of recommended books, websites, and support groups

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